Your patch testing results indicate that you have a contact allergy to Phenylbutazone. It is important that you familiarize yourself with this chemical and take steps to avoid coming in contact with it.

**What is Phenylbutazone and where is it found?**

Phenylbutazone is an anti-inflammatory agent possessing analgesic, anti-pyretic, sodium retention and mild uricosuric properties. It is used in the symptomatic treatment of acute gout and to relieve the symptoms of rheumatoid arthritis, rheumatoid spondylitis, osteoarthritis and psoriatic arthritis. It is also used in the symptomatic treatment of acute superficial thrombophlebitis and for severe forms of a variety of acute local inflammatory conditions. It is used in veterinary medicine as an analgesic, antipyretic and anti-inflammatory agent. It also occurs naturally in certain herbs. It is no longer approved for human use in USA and United Kingdom due to it causing adverse effects. Further research may identify additional product or industrial usages of this chemical.

**What else is Phenylbutazone called?**

Bute, Butatab, Alindor, Artrizin, Artrizone, Artropan, Azdid, Butazolidine, Butazolidin, Alkabutazona, Anerval, Antadol, Betazed, Fenylbutazon, Butazone, Butalidon, Algoverin, Anpuzone, Anuspiramin
4-butyl-1,2-diphenyl-pyrazolidine-3,5-dione

**THINGS YOU CAN DO TO HELP MANAGE YOUR CONTACT ALLERGY**

- **Be vigilant... read the product label.** Always take the time to read the ingredient listing on product packages. This should be your first step each time you purchase a product as manufacturers sometimes change product ingredients. If you have any concerns ask your pharmacist or your doctor.

- **Test the product first.** If you have purchased a new product you should test it on a small skin area to see if you get a reaction before using the product on larger skin areas.

- **Advise people you obtain services from of your contact allergy.** This should include people like your pharmacist, doctor, hairdresser, florist, veterinarian, etc.

- **Inform your employer if the source of your contact allergy is work related.** You should identify the specific source of the chemical and take the necessary steps to avoid further exposure. Protective wear may be adequate or you may need to make a change in your work activities. Both you and your employer benefit when the cause of your occupational dermatitis is eliminated.

- **"Google" it.** The internet is an excellent source of ingredient information that can be searched by product, by company and by specific chemical. Some helpful independent internet links include: [www.nlm.nih.gov/pubs/factsheets/factsheets.html](http://www.nlm.nih.gov/pubs/factsheets/factsheets.html) (U.S. Dept. of Health and Human Services;
If you have any future contact dermatitis concerns or questions, please call the doctor's office.

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